

# Weight Room Schedule

Effective: June 15 – 28th 2026

	JUNE 15	JUNE 16	JUNE 17	JUNE 18	JUNE 19	JUNE 20	JUNE 21
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Weight Room Hours <i>*Last entry 30 minutes prior to close</i>	<b>CLOSED</b>	<b>CLOSED</b>	8am-8pm	8am-8pm	8am-8pm	8am-8pm	8am-8pm
Women Only	There will be no Women's Only during this two-week period						
Attendant on Duty			8am – 12pm 4-8pm	8am – 12pm 4-8pm	8am – 12pm 4-8pm	8am – 12pm 4-8pm	8am – 12pm 4-8pm
Orientations	There will be no Orientations during this two-week period						
Small Group Classes	There will be no Classes or Personal Training during this two-week period						
	JUNE 22	JUNE 23	JUNE 24	JUNE 25	JUNE 26	JUNE 27	JUNE 28
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Weight Room Hours <i>*Last entry 30 minutes prior to close</i>	8am-8pm	8am-8pm	8am-8pm	8am-8pm	8am-8pm	8am-8pm	8am-8pm
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Orientations	There will be no Orientations during this two-week period						
Small Group Classes	There will be no Classes or Personal Training during this two-week period						
Weight Room Guidelines	<ul style="list-style-type: none"> <li>• Our weight room is not available to users under the age of 13 years.</li> <li>• Participants ages 13-15yrs may only attend after completing an orientation and must present their orientation card or sticker as proof of completion.</li> <li>• Visit our <a href="#">Weight Room page</a> to view all weight room guidelines.</li> </ul>						
Notes & Additional Information	<ul style="list-style-type: none"> <li>• The remainder of Gordon Head Recreation Centre will be closed during this two-week period for our annual maintenance shutdown.                             <ul style="list-style-type: none"> <li>○ No access to the Pool, Showers or Changerooms will be provided.</li> <li>○ Please check the Facility Updates Page for potential further closures.</li> <li>○ For more information visit <a href="http://saanich.ca/recreation">saanich.ca/recreation</a></li> </ul> </li> </ul>						

